

Social Studies Skills - Continuity and Change

Name: _____

What is Continuity and Change?

- **Continuity** means things that **stay the same** over time.
- **Change** means things that **become different** over time.

In Social Studies:

When we study history or communities, we look at what has stayed the same (continuity) and what has changed. This helps us understand how people live, how societies grow, and why the world is the way it is today.

Examples:

- **Continuity:** Families still celebrate holidays every year, just like long ago.
- **Change:** Long ago, people used horses to travel; now we use cars and airplanes.

Why It's Important:

- It helps us see what traditions or ideas have lasted a long time.
- It shows us how new inventions, ideas, or events have made a difference.
- It helps us understand the past and how it shapes the present and future.

Topic: Farming in Canada — Then and Now

Background Info

Long ago:

Before European settlers arrived, Indigenous Peoples in Canada practiced farming using traditional methods. They grew crops like corn, beans, and squash (called the "Three Sisters") and lived closely with the land, respecting natural cycles.

When European settlers came in the 1600s and later, they brought new farming tools and methods. Farms grew bigger, and new crops like wheat became popular. Over time, farming became more mechanized with the invention of tractors and combines.

Continuity (What Stayed the Same):

- People still grow many of the same crops, like corn and beans.
- Farming remains important for food and the economy.
- Farmers continue to work hard and care for the land.

Change (What Became Different):

- Farms grew larger and more machines are used today.
- New technology like irrigation and pesticides changed how crops grow.
- Farming became a big business, not just for local families.
- There are more laws and organizations to protect the environment and farmers.

Why This Helps Understand Continuity and Change:

This topic shows how farming traditions connect past and present, but also how new tools, ideas, and challenges have changed farming life over time.

Think of 'Communication' (phone calls, video calls, hand-written letters)

What has stayed the same? (continuity)

[illegible]

What has changed (change)?

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